



1660 W Antelope Drive, Ste. 225,
Layton, UT 84041
P: 801.775.9800
F: 801.775.9806

ALLERGY SKIN TEST CONSENT

What is allergy testing?

If you are allergic, you are reacting to a particular substance. Any substance that can trigger an allergic reaction is called an allergen (such as pollen, mold, and cat/dog dander). To determine which specific substances are triggering your allergies, your allergist will safely and effectively test your skin using tiny amounts of commonly troublesome allergens.

What are specific types of allergy test?

Scratch or puncture test: These tests are done on the surface of the skin on the back or arm. A tiny amount of allergen is lightly pricked into the skin. If you have an allergy, the specific allergens that you are allergic to will cause a chain reaction to begin in your body. With testing, swelling (like a mosquito bite) occurs only in the spots where the tiny amount of allergen to which you are allergic has been pricked onto your skin. Test results are available within 15 minutes of testing, so you do not have to wait long to find out what is triggering your allergies. You may not have any other symptoms besides the slightly swollen, small hives where the test was done. This generally goes away within 30 minutes, but if very large, it can last up to a day.

Intradermal test: This test is related to the scratch or puncture test, but is slightly more sensitive. It involves injecting a tiny amount of allergen under the skin, usually on the upper arms. Your allergist may do this test when your reactions to the scratch test cannot be clearly determined in order to identify any potential allergens.

Since the allergens are derived from material which you may be highly allergic, in rare cases you may have a reaction involving your entire body with itching, hives, wheezing, or in severe cases, low blood pressure, swelling to the throat and/or difficulty breathing. Serious reactions may be life threatening and require close observation. If it does occur, medications to reverse the reaction are readily available and a doctor is always present when the skin testing is done.

Please inform the staff prior to testing if:

1. You are taking any antihistamines even for heartburn (ex: Zantac, Pepcid).
2. You think you may be pregnant.
3. You are on any beta-blockers heart medicine or antidepressants.

I certify that I understand the information regarding the procedure to be performed upon me or my child, and I have been fully informed of the risks and possible complications.

_____/_____
Signature of Patient or Responsible Party Date

Relationship (if other than patient)

_____/_____
Witness Date